

Barrington School Committee
Social Emotional Learning (SEL) Advisory Committee
Minutes from Meeting Thursday, November, 29, 2018 8:15 am
Barrington Middle School Presentation Room
(Meeting 1)

(Approved at the 1/3/10 SEL Advisory Committee Meeting)

- A. Call to Order at 8:17 am - Attendance on file
- B. Pledge of Allegiance
- C. Introductions and Norms-
 - a. Purpose of the meeting - Shared understanding of role of Advisory Committee, SEL, District SEL work
 - b. Introductions of committee members
 - c. Introduce the Norms for the meetings
- D. Review of Barrington Advisory to the Committee Policy
 - a. Members reviewed School committee policy (Advisory Committees to the School Committee Policy)
 - b. Critical role is to provide community input and involvement
 - c. Connection of work here to district work being done - this group will serve connect with district SEL Task Force
 - d. New standing advisory committees are Diversity and Inclusivity, SEL
 - e. this is a standing committee, not and ad hoc committee
 - f. SEL taskforce-purpose is to develop a PK-12 cohesive systems of support for social emotional learning and behavior
- E. Overview of Social Emotional Learning
 - a. What is CASEL- **Collaborative for Academic, Social, and Emotional Learning**
 - b. SEL involves acquiring and effectively applying knowledge attitudes and skills necessary
 - c. SEL competencies can be taught and measured.
 - d. Harvard study - skill that is most needed is self regulation
 - e. The CASEL 5 competencies - Self Awareness, Self Management, Responsible Decision-Making, Relationship Skills, Social Awareness
 - f. Research shows a 11% point gain in Standardized test when students have SEL experiences
 - g. RIDE created SEL standards using the CASEL framework which were approved October, 2017.
- F. District Strategic Plan-SEL Connections
 - a. Social Emotional Well being is a pillar in the district plan.
 - b. Reviewed BPS Strategic Plan (Goals, Measures of Success, Strategies)
 - c. 2018-2019 SEL Goals District Scorecard - Reviewed goals and strategic actions
 - d. explanation of Lead, Educate and Promote the Profession(LEAPP) and how plan includes

goal to increase teachers use of having students engage in self-reflection

G. Introduction to RULER

- a. introduction of RULER - what is it, how is it being implemented, why, common language, shared language (RULER is an evidenced-based approach for integrating social and emotional learning into schools, developed at the YALE Center for Emotional

Intelligence

- b. Reviewed how RULER aligns to CASEL competencies
 - c. RULER is on the recommended list of CASEL approved resources
 - d. Charter - Is one of the tools used in RULER- K-8 have worked on the charter. HS is beginning their journey
 - e. RULER acronym (Recognizing, understanding, labeling, expressing and regulating emotions)
- F. Committee Comments - only committee members were here so comments were from Committee members and not from public members
- a. How can we communicate RULER to outside agencies and coaches, service providers so that shared language is used with various adults who support our students
 - b. How can we ensure that communication about RULER is consistent for Parents-cohesiveness. We can discuss this more at next meeting. It will be put on the agenda.
 - c. Anna Clancy went over the open meetings act. Must have more than ½ the committee to have an open meeting. if you find something that you would like to share - send to Kristen and she will put in google folder.
- G. Adjourn - Meeting adjourned at 9:21. The next scheduled SEL Advisory Committee is on Thursday, January 3, 2019 at 8:15 am at the Barrington Middle School Presentation Room.