



## Barrington's Prevention Coalition

### Health & Wellness Committee Report-1/2/19

1. Our next Regional Coalition meeting is on Wednesday, 1/16, 1-3pm in Town Council Chambers, Town Hall. All are invited to attend the coalition meeting to hear what prevention programs are being delivered locally, regionally, and statewide.
2. The East Bay Tobacco Youth Council has developed a brochure on the dangers of ENDS products that is geared towards educating adults. The brochure is titled "You Need to Know". Copies will be available at meeting. The youth also have a presentation on ENDS that they are offering to groups in Barrington, Bristol, East Providence, and Warren. If you know of a group who would like a presentation on the dangers of electronic cigarettes by those who know the most about it...the youth, please contact Denise Alves at [dalves@barrington.ri.gov](mailto:dalves@barrington.ri.gov).
3. Our next BAY Team coalition meeting will be held on Monday, 1/7 at 8:45am in the lower level conference room, Town Hall. All are invited to come and share your thoughts and ideas on ways to continue to keep all residents from babies to senior adults safe and substance free.
4. The Rhode Island Foundation grant program "It's Time We Talk", which is a partnership between the Barrington Public Library, The Friends of the Library, and The BAY Team will have the kickoff event on 1/27/18 from 2-4pm in the library auditorium and gallery. The developers of "Change Direction" will be speaking and there will be a community resource fair and refreshments. "It's Time We Talk" will run from January-June 2019 and will offer a variety of programming with the goal of reducing the stigma of mental illness. Some of the events being scheduled are: Chronic Pain Self-Management program, movie "Into the Light" with facilitated discussion, movie "Inside Out", reading of book "Dreamland" followed by a book discussion, presentation of "4 Legs to Stand On" Acts 1 and 2, presentation by NAMI, teen study break program prior to final exams, and a presentation on compassion and vulnerability by Greg Knight. We will also be scheduling Mental Health First Aid Training-both youth and adult.
5. PREVCON-Rhode Island first prevention conference will take place at CCRI, Warwick on January 10<sup>th</sup> from 8:30-4:30. To register: <http://www.cvent.com/events/ri-prevcon-your-brain-is-your-super-power-brain-based-approaches-to-prevention-/event-summary-7056e99f56d3472fa388c1e132837120.aspx>
6. Rhode Island now has a 24 hour behavioral health walk in for adults in crisis. For more information: <https://www.bhlink.org/about-1/>
7. In the next few months The BAY Team will be awarded funds to subgrant to groups in the area who will work on prevention and support activities with the underlying goal of combatting the opioid crisis.