

Barrington School Committee  
Social Emotional Learning (SEL) Advisory Committee

Minutes

Thursday, May 9, 2019 8:15 a.m.

Barrington School Committee Room

**( Minutes Approved at 6/13/19 Meeting)**

Attendance is on file

8:18 Pledge of Allegiance

8:20 Introductions and Norms

8:24 Review/Approval of Meeting Minutes from 3/21/19 meeting, 3/21/19 minutes approved

Update on Ruler meaning

**R**-Recognizing Emotions, **U**-Understanding Emotions, **L**-Labeling Emotions, **E**-Expressing Emotions, **R**-Regulating Emotions

Discussed RULER Anchor Tools/Charter, Mood Meter and Meta Moment

Discussed Charter Tool at BMS/HS

Everyone at the school is going at their own pace, every school will have a Charter

Discussed Mood Meter Tool and what colors mean and explain emotions

**Red**-high energy, stressed

**Yellow**-high energy, excited, happy

**Green**-less energy, at ease, content

**Blue**-low energy, sad, lonely

No one should be embarrassed or ashamed of their emotions

Offer examples of emotions and give more support of their emotions

The Central office staff had their 1st training on Ruler by Pat Tolento and Jim Callahan

Central office will develop a charter also

RULER night for families is on Tuesday, June 4, 2019 from 7 - 8 pm at the Barrington Middle School Library

Mike, Kristen, Pat and Jim will call the Barrington Times for an article to go in the Times on RULER before June 4th. Need to have an article in by Friday, May 31st.

RULER flyers will be distributed to all the PTO's

Revisit goal on strategic plan around stress

New survey works data

Grades 3-6

1. 69% of students reported that stress did not interfere with their ability to participate in school
2. 73% of the students felt stress did not interfere with their life outside of school

Grades 6-12

1. 46% of students reported that stress did not interfere with their ability to participate in school
2. 48% of the students felt stress did not interfere with their life outside of school

SEL DATA

Youth Risk Behavior Survey discussed (YRBSS) Survey is done every other year

Discussed Rhode Island Student Survey (RISS) 2018

Discussed Challenge Success 2016, should be considered to do the survey again. The last time it was done, it was paid for by the Bay Team. The website is: <http://www.challengesuccess.org/> Challenge Success is able to partner with some schools to look at the data, this may be something to look at in the future. During the next meeting, recommendations for SEL assessments can be made.

Recommendations at School Committee Meeting tonight will be to increase 2 part-time School Psychologists to full-time positions.

How to apply to be a committee member next year, will discuss next meeting

Public Comment

Adjourned 9:23

The next Social Emotional Learning Advisory Committee Meeting is on Thursday, June 13, 2019 at 8:15 am at the **School Administration** in the **School Committee Room**. Please note the change of location. This is our last meeting for the year.

All are welcome at our meetings. Individuals requiring any accommodations for disabilities, please notify Barrington Public Schools at 401-245-5000 (TTD 401-247-3750) not less than 48 hours in advance of the meeting.